

You've got **Teladoc.**  
24/7 access to doctors  
by phone or video



**You already have Teladoc** as part of your benefits. Our U.S. board-certified doctors can diagnose, treat, and even prescribe medicine, if needed, for a wide range of medical needs, including the flu, allergies, rash, upset stomach and much more.

### Set up your account, it's easy!

1



#### Create account

Use your phone, the app, or our website to create an account and quickly complete your medical history.

2



#### Request a visit

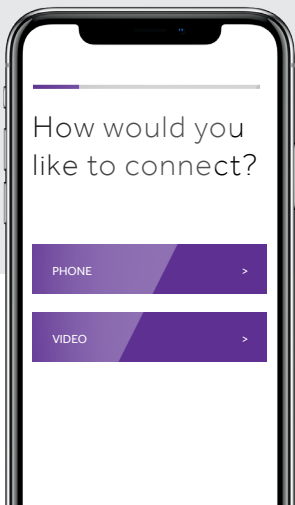
Use your device to request a visit and a Teladoc doctor will contact you at the requested time.

3





#### Feel better

Your doctor will diagnose your symptoms and even prescribe medicine, if needed.



### Download the app and talk to a doctor

 [Teladoc.com/Alabama](https://teladoc.com/Alabama)  1-855-477-4549



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